Principal’s Report

The end of another warm and busy week!

Our secondary swim team once again performed well in Mildura with a large number of students qualifying for the next stage in Swan Hill. Congratulations to the students and the staff for their dedication to training, giving up their own time in order to compete to the best of their ability and represent our school.

Some classes were fortunate enough to hear paralympian, Stuart Tripp, talk about his life and achievements as an elite athlete. We thank him for his time.

Sporting Schools has started at lunch times for students in Foundation to Year 4. Miss Brittney Burns is ably assisted by senior students to ensure the smooth running of the program. Mr Roberts has a number of keen singers attending choir, and they don’t sound too bad! This is another lunchtime activity giving students the opportunity to be involved in extra-curricular activities.

LALS (library activities at lunchtime) also provides an alternative for students. The library is open each lunch time to card players, game players, artists and readers.

We have had a couple issues in Ritchie St, with the bus returning from the pool and not being able to get into the bus shed. This creates a bit of a hazard so please keep this entrance clear when picking up your children after school.

Shelley Cross  
Acting Principal

Congratulations to Bethany Burns, Sarah O’Connor, Adriana Smith and Nicholas Vine for taking part in the Lions Youth of the Year competition. Students began with extremely impressive impromptu speeches in which they spoke with confidence and clearly expressed their opinion over a 2 minute time frame. The competitors also delivered a rehearsed, and very convincing, speech on an issue of their choosing. This was all following extensive interviews during the day.

Each student showed immense grace under pressure and acted as an outstanding representative of the school. Adriana Smith won the public speaking award for the day.

Sarah O’Connor was the overall winner and will go through to the next round of competition in Wycheproof later this month.

Many thanks to teachers, parents, the Lions association and again our brave students for a fantastic competition.

Karen Pain  
Public Speaking Coordinator
THOUGHT FOR THE WEEK
A good laugh and a long sleep are the best cures in the doctor's book.
~ Irish Proverb

SUPER STAR OF THE WEEK:
Prep: Kai Wethers
Grade 1 & 2: Gareth Morrish
Grade 3 & 4: Kristy Higgins

NUMERACY AWARD:
Prep: T’Arni Hodge
Grade 1: Dejanae Elliott
Grade 2: Nav Forse
Grade 3: Hayley Downes
Grade 4: Porscha Vasic

LITERACY AWARD:
Prep: Maiya Mallinson
Grade 1: Terah Martin
Grade 1/2: Tanner Eames
Grade 3: Leon Payne
Grade 4: Ruby Pengelly

ATTENDANCE BEAR:

AUSSIE OF THE MONTH:

OUYEN JUNIOR CRICKET:
Grand Final
March 7th
Blackburn Park
4pm

A training and coaching day by Cricket Victoria is being held at the Tempy Cricket Ground on March 5th starting at 10am. All junior aged cricketers are welcome to attend.

FRENCH EXCHANGE STUDENTS ARRIVING IN MAY FOR ONE TERM!

SHEEP SALE ROSTER:
March 10th
WORKERS
Noela Hill
(0447 622 770)
Debbie Brauer

COOKS
Melissa Morrish
Yvonne Sporn
Fiona Latta

March 24th
WORKERS
Therese Jolly
(5036274)
Brooke Smith

COOKS
Trish Torpey
Leanne Burns
Mila Kerr

April 7th (Holidays)
WORKERS
Donna Wills
(0421 911 962)
Tamara Allender

COOKS
Kylie Pengelly
Mandy Comrie
Brenda Dingley-Murphy

SEEKING VOLUNTEER HOST FAMILIES IN OUR AREA
Southern Cross Cultural Exchange (a registered not for profit organisation) is seeking volunteer host families in the Ouyen area to host international exchange students from France arriving in mid May 2016 for a stay of one term.

JOIN A COMMUNITY OF GLOBAL FRIENDSHIP AND LEARN ABOUT YOURSELF!
As Abraham Lincoln once wrote: " the best way to predict the future is to create it." Volunteer to host an international high school student from France arriving into Australia in May 2016 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and see the world in a new light. You’ll have fun learning about cultural differences and language.

Carefully selected students from France will arrive in mid May for one term. With excellent English language skills, they will attend a local Secondary High School, arrive, with their own spending money and comprehensive health insurance cover – all arranged by Southern Cross Cultural Exchange. To enquire about becoming a volunteer host family visit us at www.scce.com.au email scceaust@scce.com.au or call us toll free on 1800 500 501 for more information.

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MATERIALS TECHNOLOGY:
This term we built a Trinket Box. This box took a lot of skills including measuring, cutting, nailing, puttying and sanding. The first steps were to investigate what materials to use and then how long to cut them. After sawing the pieces into the correct length we then assembled it using PVA glue and nails. We then started on the lid, which was the fun part. Firstly we used a pencil to stencil an image onto the lid. Then we went over the image with the wood burner. Finally, I sanded it and applied a gloss to give it a nice finish. I think the effect looks very cool and I am happy with the final product. The thing I loved most about the trinket box is that you could personalise it, plus they would make a great gift.

Sherri Elliott

YEAR 10 FOOD:

Continuing on our dough/pastry theme, Monday was the turn of puff pastry. While most created with the store bought variety. Some Year 10s stepped up to the challenge and made theirs from scratch. Getting the temperature of the butter right for layering was a trial but they worked brilliantly to create a pliable dough that puffed. The staff were impressed with the chicken and vege sausage rolls they sampled - light, moist and delicious. There were standard sausage rolls and curried sausage rolls, as well. Dessert options included Apple Galette, Apricot Custard Tarts, Berry Pockets and Caramel Banana Boats.

Congratulations to Will Torpey, the February recipient of the Office Good Manners Award.
SPORING DATES – TERM 1

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, 2nd March</td>
<td>Secondary Division Swimming - Mildura</td>
</tr>
<tr>
<td>Tuesday, 15th March</td>
<td>Primary Biathlon</td>
</tr>
<tr>
<td>Thursday, 17th March</td>
<td>Regional Swimming – Swan Hill (Primary &amp; Secondary)</td>
</tr>
<tr>
<td>Wednesday, 23rd March</td>
<td>Secondary Biathlon</td>
</tr>
</tbody>
</table>

**BIATHLON:**

The junior campus “biathlon” will be held on: Tuesday, March 15th commencing at 2.15pm. The event will be held during junior sport time.

The program on the day will be:

- **GRADE 3** START TIME – 2.10pm
- **GRADE 4** START TIME – 2.20pm
- **GRADE 5** START TIME – 2.35pm
- **GRADE 6** START TIME – 2.50pm

PRESENTATIONS 3.00pm

Students will have the opportunity to practice for the biathlon during junior sport for over the next two weeks. They will be required to bring the following equipment:

- Towel
- * rashie/T-shirt
- sunscreen
- * runners

Students who do not have a season pass are required to bring $5.40 in an envelope with their name clearly marked on the front.

Further details will appear in the newsletter over the next two weeks. If you have any question, please do not hesitate to contact Mrs Morrish.

**DISTANCES**

**GRADE 3** START TIME – 2.10pm

SWIM: one lap (starting at deep end of the pool)
RUN: one lap of the course

**GRADE 4** START TIME – 2.20pm

SWIM: two laps (starting at shallow end of the pool)
RUN: two laps of course

**GRADE 5** START TIME – 2.35pm

SWIM: three laps (starting at deep end of the pool)
RUN: three laps of course

**GRADE 6** START TIME – 2.50pm

SWIM: four laps (starting at shallow end of the pool)
RUN: three laps of course

**RULES**

- All students must wear shoes when running
- There is no diving in the shallow end of the pool. Students are to start with one hand and one foot in contact with the wall.
- Students are welcome to use a kickboard/flotation device to complete their swimming section.
- Students can use any stroke when completing the swimming lap, but they CANNOT pull themselves along the side of the pool wall.
- Students will receive House Points when competing and a winning House will be announced on the day.
- First, second and third places will be awarded for grade 3, 4, 5 and 6 girls and boys

**MILDURA SWIMMING:**

Congratulations to the 17 students who represented Ouyen P-12 College at the District Swimming carnival in Mildura last Wednesday.

The students stepped up to the challenge of a 50m pool and performed to their best. The school achieved a number of placings and firsts.

Joel Grace placed 1st in breaststroke and Ethan Munro achieved 1st placings in Butterfly and Freestyle.

The boys and girls 11 year freestyle relay won their races as did the 12 year boys freestyle and medley relay teams.

Sixteen 11 and 12 year swimmers along with eight 10 year old swimmers will represent the school at the regional swimming championships to be held at Swan Hill on Thursday, 17th March.

All students have received a letter outlining the training requirements and program for the day.

Best of luck to these swimmers.

**TENNIS:**

Congratulations to Hollie Munro, Chloe Latta, Tim Vine and Ethan Munro who represented the UDSSA at the district tennis finals last Thursday. After a great day of competition, Chloe was runner up in the girls division and Ethan was the boys champion.

Chloe and Ethan will now compete in the regional tennis finals in Swan Hill on Monday, 21st March. Good luck to them.
FRIDAY, MARCH 11th

Dust off your helmets, check the brakes and get your bikes ready. It’s Ride to School Day next Friday and all are encouraged to participate. Mrs Morrish will meet riders at the Hunt Street/Martin Ave corner, while Mrs Grace will be waiting on the Mitchell/Henderson Street intersection. Enjoy a fruity snack on arrival and receive a raffle ticket for some little give-aways. Happy pedaling!

RIDE TO SCHOOL

Friday, March 11th

Wear your craziest hairstyle for a gold coin donation.

Our Shave for a Cure will take place at lunchtime when some mystery volunteers will have their heads shaved. All funds raised will go to the Leukaemia Foundation.
2015 SSV MALLEE DIVISION SWIMMING CARNIVAL

The extreme heat challenged the students, parents and staff who ventured to Mildura for the annual SSV Mallee Zone Swimming Carnival on Wednesday. It was great to see our students swim in a professional manner, taking their events seriously. They were also extremely helpful in carrying gear, setting up and packing up.

The competition was, at times, lacking but all our competitors competed with endeavour and enthusiasm.

We were successful in five of the six age group championships.

14 Years:  Abbey Latta
15 Years:  Lucy Morrish
16 Years:  Bradley Marks
17 Years:  Allie Winslow
18-20 Years:  Ellen Morrish
18-20 Years:  Brody Morrish

We are very proud of the students who qualified to compete in the SSV LMR Swimming Carnival at Swan Hill, Thursday March 17th. Start time: 10.00 am. An important reminder to all boys swimming in Swan Hill – No Speedo type bathers - no swim.

Swimming Training
Friday 4th March - There will be no staff available so NO Primary Training. Secondary Students can follow a Session card at the pool.

Sunday 6th March - 1pm Tuesday, Wednesday, Thursday 4.15pm, Friday - 4pm

BUS TRAVELLERS TO SWAN HILL
Travel to Swan Hill must be finalised by next Wednesday. Students will need to let Mrs Lonergan know how they will be travelling to Swan Hill before then.

BIATHLON

Wed. 23rd March 2016
EVENT TIMES (approx.)

11.40 a.m. - 12/13 & 14 Year Girls
12/13 & 14 Year Boys .... (6 lengths swim, 2 lap run)
12.00 noon - 15 & 16 Year Girls
15 & 16 Year Boys ... (8 lengths swim, 3 laps run) Team Event (all ages)
12.30 p.m. - 17 & 18-20 Year Boys...
17 & 18-20 Year Girls (12 lengths swim, 4 lap run)

MAPS will be posted on noticeboards.

RECORDS 2016

B 17Yrs 50m Freestyle
Peter Darley 27.32
(Simon Callahan, 2002, 27.57)

PHOTOGRAPHS WILL BE IN NEXT WEEK’S REPORT.
**Work Experience / Structured Work Placement Dates – 2016**

**Year 10** – August, 15th / 19th

**Year 11** – July, 11th / 15th

**July 4th – 8th** (Optional School Holidays)

**WORK EXPERIENCE** is part of the schools’ educational program where students experience the world of work, often for the first time. It is the short term placement of secondary school students with employers, to provide insights into the industry, and the workplace in which they are located. Students are placed with employers primarily to observe and learn.

**STRUCTURED WORKPLACE LEARNING** is on the job training during which a student is expected to master a set of skills or competencies, related to their VET, VCAL or VCE a course.

**OCCUPATIONAL HEALTH AND SAFETY** - Schools are required to adequately prepare students for the risks and hazards they may face in the workplace. Safe@work is an occupational health and safety program for secondary school students undertaking work experience. All secondary school students undertaking work experience must satisfactorily complete Safe@work before commencing their work experience placement.

**Benefits of Work Experience or Work Placement**

- Work experience activities will help you to:
  - Gain valuable experience that you can add to your resume
  - Gain a good reference from your work experience employer that can help with job applications
  - Be invited back to do part-time, casual or holiday work, or even be offered a full-time job
  - Make contacts that could help you find a permanent job
  - Gain insight into what a job involves
  - Gain new referees to add to your resume
  - Gain opportunities to demonstrate commitment and reliability
  - Gain confidence in your ability to learn and become competent at new taskwork/life skills, such as communicating effectively, or working in teams

**Construction Induction Card** is a required work experience in industries such as plumbing, building, carpentry, electrical, landscaping engineering and architecture. However, it can also be required by students considering options such as civil engineering and food.

If students have not successfully completed this course, they will need to elect a different type of work experience or work placement.

**Construction Induction Card - Year 10**

The one day course is suitable for all year 10 students. The Construction Industry Card (previously known as the “Green Card”) is an entry level requirement for all people who may need to enter building and construction sites.

- **Date:** Friday 27th May 2016
- **Cost:** $60 per student, balance subsidized by MIPPS (Cash or Cheque payable to SuniTAFE)
- **Where:** Ouyen P – 12 College
- **Time:** 9am – 3:15pm
- **Trainer:** SuniTAFE Mildura

Everyone who works on a construction site in Victoria requires a Construction Induction (CI) Card. This includes students undertaking work experience, structured workplace learning or an apprenticeship.

The Unique Student Identifier will be required prior to commencing the Construction Induction Card.

**Work Experience at VicRoads**

VicRoads Work Experience Program gives secondary students the opportunity to experience the relationship between school studies and the world of work, helping them make appropriate career choices.

Each year VicRoads offers placements for approved secondary school work experience. We offer work experience in areas such as:

- Engineering
- Finance / Accounting
- Human Resources
- Legal
- Media / Communications
- Information Technology

**Applications for 2016 Work Experience Program are now open and will close on Sunday 6 March 2016.**

For more information and to apply online, please direct your students to our website [https://www.vicroads.vic.gov.au/carers/employment-programs-and-traineeships/work-experience](https://www.vicroads.vic.gov.au/carers/employment-programs-and-traineeships/work-experience)

To discuss the program in more detail, please contact Emmanuel Yovanidis, Senior Workforce Planning Consultant, VicRoads on 9854 2214.

**RMIT - SCIENCE IN THE CITY** takes you on a behind the scenes tour of their facilities. Find out more about the wide range of single and double degree science programs available at our city campus including; biology, biotechnology, chemistry, environmental science, food science, nanotechnology and physics.

- **Date:** Wednesday 30th March
- **Time:** 11am – 2pm

**VET AND AGRICULTURE SCIENCE OPEN DAY**

Explore our popular Bachelor of Agriculture, Doctor of Veterinary Medicine and Diploma in General Studies programs. Attend course information lectures. Discuss a range of other careers in science, veterinary nursing and equine studies with other education providers. Tour our world-class Veterinary Teaching Hospital.

Receive course advice from University of Melbourne staff.

- **Date:** Saturday, 19th March 2016
- **Time:** 10am – 3pm

**APPRENTICESHIPS AVAILABLE**

- Apprentice Sign Writer
- Apprentice Telecommunications
- Trainee PT or School Based Beauty
- Bistro - Trainee Front of House
- Trainee PT Business Administration
- Apprentice Metal Engineering (April 2016)
- Apprentice Chef
- Apprentice Electrician
- Apprentice Diesel Mechanic – Specialised Equipment
- Experienced Spare Parts Interpreter

**Qualified Mechanics**

- Commercial Cookery Apprenticeship (Euston Club)
- Welding Apprenticeship
- Client Services Business Administration Support (Finance)

**Expressions of Interest - 3rd or 4th Year Apprentice Painter**

**Expressions of Interest - 1st Year Plumbing Apprentice**

**Expressions of Interest - 1st Year Electrical Apprentice**

**Expressions of Interest - 1st Year Telecommunications Apprentice**

**Expressions of Interest - 1st Year Automotive Apprentice**

**Expressions of Interest - 1st Year Diesel Mechanic**

**Expressions of Interest - 1st Year Civil Engineering Apprentice**

**Expressions of Interest - 1st Year Sign Writer Apprentice**

**Expressions of Interest - 3rd Year Apprentice Painter**

**Expressions of Interest - 3rd Year Apprentice Diesel Mechanic**

**Expressions of Interest - 3rd Year Apprentice Telecommunications Apprentice**

**Expressions of Interest - 3rd Year Apprentice Automotive Apprentice**

**Expressions of Interest - 3rd Year Apprentice Sign Writer Apprentice**

**Expressions of Interest - 3rd Year Apprentice Plumbing Apprentice**

**Expressions of Interest - 3rd Year Apprentice Electrical Apprentice**

**Expressions of Interest - 3rd Year Apprentice Telecommunications Apprentice**

**Expressions of Interest - 3rd Year Apprentice Civil Engineering Apprentice**

**Expressions of Interest - 3rd Year Apprentice Sign Writer Apprentice**

**Expressions of Interest - 4th Year Apprentice Painter**

**Expressions of Interest - 4th Year Apprentice Diesel Mechanic**

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**Expressions of Interest - 5th Year Apprentice Sign Writer Apprentice**
TERTIARY STUDIES & CAREERS EXPO ADLAEIDE (TSCEA)

Date: Sunday 10th & Monday 11th June

Where: Adelaide Convention Centre

TSCEA is an important event for anyone seeking to explore their tertiary studies, training and career options.

http://www.careersevenet/tscea/

CHANCES FOR CHILDREN FUNDING ROUND IS DUE TO OPEN

Open: 29th February
Closing 22nd April 2016.

Chances invest in the future of our children and young people by removing the financial barriers that stand in the way of them achieving their potential.

An application form (which includes eligibility guidelines) is available for download from our website www.chancesforchildren.com.au Phone 5021 7480.

UMAT PREPARATION COURSE

The test is used specifically to assist with the selection of students into the medicine, dentistry and health science degree programs at undergraduate level at the universities listed on their website - http://umat.acer.edu.au/

Date: Tuesday 5th and Wednesday 6th April 2016
Venue: St Joseph’s College, Mildura
Cost: $220

Sue Sly
Careers Coordinator

PARENTS ASSOCIATION:

Congratulations: To the Year 12 students who participated in the Lions Youth of the Year event in Ouyen this week. Taking yourself out of your comfort zone and into the spotlight under pressure and performing well deserves recognition. Sarah O’Connor will represent this region well at the next level.

Again, the hard work of students, teachers and parents has brought strong results in the pool. Well done to the Ouyen P-12 College swimmers on your effort and achievement.

Thank you: to the primary school families and friends who have offered cakes, slices and biscuits for next week’s Quilter’s Weekend. Still need a few items. [See below]

Meeting: Our AGM is scheduled for Monday, March 7th at 3:30p.m.. We shall endeavour to keep it as brief as possible. We have had some interest in the positions which may move things along a bit. Roles to be filled are: President, Vice President, Secretary, Parents Victoria rep, Kiosk Supervisor [Sheep Sale], Sheep Sale Roster Co-ordinator, Catering Team [3 people]. We are still waiting to hear from parents who will be reps for each year level. Not an onerous responsibility but another way of connecting with the school and your children’s education. Contact the school or Justine Cresp 0438 618544 , Fiona Latta 0427 141 515 or Raelene Vine 0407849174, if interested.

Sheep Sale – Watch out for the roster and your turn. Thanks to those parents who indicated they’d do an extra turn. 2015’s Sheep Sale kiosk raised $4,000.00 for the school.

Catering –

We need 34 dozen pieces of cake/ slice/ biscuits for the morning and afternoon tea containers. Slices to be cut approx. 6cm x 4cm – approx. 18 pieces to a tray; cake not to be cut. Food can be sent to school on Thursday 10th or Friday 11th OR deliver to the Roxy around 9 – 9:30 on Friday morning [11/3/16]. The following are examples for variety’s sake.
P/ 1/ 2 – Contact Melanie Shaddock 0419941220 – 12 dozen cakes/ slices
<table>
<thead>
<tr>
<th>Hazelnut</th>
<th>Jelly</th>
<th>Vanilla</th>
<th>butternut</th>
<th>caramel</th>
<th>cupcakes</th>
<th>other</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/ 4 – Contact Pat Higgins 042769331 – 11 dozen cakes/ slices</td>
<td></td>
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</tr>
<tr>
<td>- peppermint</td>
<td></td>
<td>Brownie</td>
<td>hedgehog</td>
<td>orange cake</td>
<td>yo-yos</td>
<td>other</td>
</tr>
<tr>
<td>5/ 6 – Contact Raelene Vine 0407849174 – 11 dozen cakes/ slices</td>
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</tr>
<tr>
<td>Caramel</td>
<td>lemon</td>
<td>apple</td>
<td>&amp; sour cream</td>
<td>banana cake</td>
<td>ginger</td>
<td>other</td>
</tr>
</tbody>
</table>

Contact people - Thanks to these volunteers. Please smooth their way by offering your help rather than them having to ring you when your year level is allocated a fundraising opportunity.

P/1/2 – Melanie Shaddock 3/ 4 – Pat Higgins; 5/ 6 – Melanie Grace
7/8 – Brooke Smith 9/ 10 – Fiona Latta 11/12 – Yvonne Sporn

Mathletics: Does your child talk about Mathletics? Parents Association has paid each student’s access to this great classroom Math skills from Foundation to Year 8. The activities can be for the whole class or set to the level of the individual student. Teachers value it, students enjoy it and learn as they participate. $1588.40 is the cost for 2016.

Justine Cresp  Raelene Vine
President  Secretary
Green Lake Just Add Colour presents it’s first ever...

COLOUR RUN
20th MARCH 2016

Sea Lake Birchip RD, Green Lake

10AM START

Adults (over 18 years) $25
Concession (13-17 years) $15
Children (5-12 years) $10

3KM & 6KM WALK/RUN

For more information and registration details please see our School Website www.tyrrell.vic.edu.au
Facebook page: Green Lake Just Add Colour or contact Tyrrell College on 50702106

SUNRAYSIA DAILY 38TH MILDURA EISTEDDFOD:

Registrations are now open.
Closing date is Friday, March 18th 2016.
No Late Entries will be accepted.
Information can be found at www.milduraeisteddfod.org or contact Michele on 0429 481 898 or email milduraeisteddfod@gmail.com
# Ouyen Mallee Bakery Lunch Orders for Ouyen P12

We have designed our menu to make healthy food available for all Ouyen P12 students. We have also included some other options, so make your selection based on a healthy eating plan.

<table>
<thead>
<tr>
<th>Lunch Everyday</th>
<th>Sandwich/Roll/Wrap</th>
<th>Specials (only on these days)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>S/W Roll Wrap</td>
<td></td>
</tr>
<tr>
<td>Chicken, Ham, Salami,</td>
<td>$4.50 $5.00 $5.00</td>
<td></td>
</tr>
<tr>
<td>Lamb or Turkey &amp; Salad</td>
<td>(Lettuce Carrot Tomato Cheese)</td>
<td></td>
</tr>
<tr>
<td>Salad</td>
<td>$4.50 $5.00 $5.00</td>
<td></td>
</tr>
<tr>
<td>(Lettuce Carrot Tomato Cheese Alfalfa Beetroot)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Cheese Foccacia</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td>(Toasted or Fresh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken, Sun Dried Tomato &amp; Cheese Foccacia</td>
<td>$5.50</td>
<td></td>
</tr>
<tr>
<td>Egg and Lettuce</td>
<td>$4.00 $4.50</td>
<td></td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>$4.00 $4.50</td>
<td></td>
</tr>
<tr>
<td>(Toasted or Fresh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>$4.00 $4.50</td>
<td></td>
</tr>
<tr>
<td>(Toasted or Fresh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese &amp; Vegemite</td>
<td>$3.00 $3.50</td>
<td></td>
</tr>
<tr>
<td>(Toasted or Fresh)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td>$3.00 $3.50</td>
<td></td>
</tr>
<tr>
<td>Fruit Salad</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>(terms 1 + 4)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hot Food</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mac &amp; Cheese (200g)</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Lasagne (200g)</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Spaghett Bolognase (200)</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Potato Bake (200g)</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Soup of the day + roll</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>(Terms 2 + 3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Warm Lamb OR Chicken Salad</td>
<td>$5.00</td>
<td></td>
</tr>
<tr>
<td>(Lettuce Tomato Beetroot Coleslaw Cheese Tzatziki)</td>
<td></td>
<td></td>
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<tr>
<td>Salad Bowl</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lettuce, Carrot, Tomato, Beetroot, Cucumber, Onion and cheese</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>With Ham, Chicken, Egg, Tuna, Salmon, Turkey, Coleslaw or Avocado</td>
<td>Extra Each</td>
<td></td>
</tr>
<tr>
<td><strong>MONDAY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tropical Pizza</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>(Lean ham, low fat cheese, pineapple)</td>
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<td></td>
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<tr>
<td><strong>TUESDAY</strong></td>
<td></td>
<td></td>
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<tr>
<td>Satay Chicken Kebab's</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>(Grilled)</td>
<td></td>
<td></td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CheeseBurger Roll</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Chicken Nuggets</td>
<td>60 cents</td>
<td></td>
</tr>
<tr>
<td>(reduced fat &amp; oven baked)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken Schnitzel Roll</td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td>Cheese &amp; Gravy or Coleslaw &amp; Cheese</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Egg &amp; Bacon Roll</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Pies &amp; Pasties</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Sausage Rolls</td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Hotdogs</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>with cheese &amp; sauce</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>THURSDAY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roast Lamb &amp; Gravy Rolls</td>
<td>$6.00</td>
<td></td>
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<tr>
<td><strong>FRIDAY</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Roast Pork &amp; Gravy Rolls</td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td><strong>Drinks</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water (600ml)</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Oak Chocolate, Strawberry or Vanilla (300ml)</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>G.V Fruity Juices (250ml)</td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>(Apple &amp; Blackcurrant or Tropical)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lencia Juice (250ml)</td>
<td>$2.00</td>
<td></td>
</tr>
</tbody>
</table>

**Parents Please Note**

Orders are to be clearly written on bag and year 5 - 12 are to be taken to the canteen at recess.

Students year P-4 will have their envelopes collected from their classrooms as at present.

We cannot guarantee the absence of allergens, including nuts.

Please Note. Parents should note allergens clearly on orders.