Principal’s Report

Girls in a Whirl
We are very fortunate to have the services of Mrs Tania Down available to run the Girls in a Whirl program for girls in Years 4 & 5 from Ouyen, Underbool and Tempy schools. Tania is giving up her time to run two sessions of this valuable program for the girls and their mothers. The Ouyen Parents Association has worked with Tania to provide this opportunity and we thank them for their efforts.

New Enrolments
Over the last three weeks we have welcomed eleven new students into classes across the school. I am sure these new students will settle into our school quickly and that everyone will make them welcome.

P-4 Farm Garden Beds
This week our P-4 ‘farm’ students have taken possession of three new colourful garden beds. The beds, constructed by Mr Rowe and his Year 8 Technology class now need to be filled with soil ready for crops to be planted.

Careers
On Tuesday, students in Years 9-12 participated in presentations and a Mini Medicine Academy Program at our school. Third year medical students presented the sessions, giving students a look into possible careers in medicine and health. This will be followed on June 9th by the Nursing as a Career program held in Mildura for interested senior students. Also this week, we have hosted the Construction Induction Card training for Year 10 students and an Australian Defence Force presentation.

Mrs Sue Sly does a great job organising our careers program across the school.

Leanne Dawes
Principal

WALK TO SCHOOL:
Thanks to all students and staff who put their walking shoes on and got to school last Friday by either foot or bike. It was pleasing to see so many participants. The Primary students made the most of the fruit on offer, gathering for a snack and a chat. Congratulations to the Year 1 students for achieving an 87% walk-rate! They enjoyed milk and a muffin as a reward.
**Weekly Awards**

**Super Star of the Week:**
- Prep: Mia Munro
- Grade 1 & 2: Nathan Burns
- Grade 3 & 4: Harrison Linklater

**Attendance Bear:**
- Grade 2

**Literacy Award:**
- Prep: Neil Shine
- Grade 1: Gareth Morrish
- Grade 1/2: Bailey Petersen
- Grade 3: Jaydah Martin
- Grade 4: Brylie Allender

**Numeracy Award:**
- Prep: Maya Barry
- Grade 1: Lucy O’Shannessy
- Grade 2: Fryday Ferrari
- Grade 3: Michelle Horvath
- Grade 4: Laura Shaddock

**Aussie of the Month:**

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**Sheep Sale Roster:**

June 2nd
**Workers**
- Janeece Hahnel

**Cooks**
- Olivia Cheema
- Narelle Latta
- Kylie Zanker
- Kirstyn Campbell

June 16th
**Workers**
- Katrina Erhardt
  - 50922109
- Kellie Eldridge

**Cooks**
- Cathryn Prentice
- Kim Darley
- Peter Treloar
- Zoe Taylor

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**Thought for the Week**

Coming together is a beginning; keeping together is progress; working together is success.

*Henry Ford*

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**Year 10 Camp - Canberra:**

On May 2nd, the Year 10 class went to their very last camp for their schooling years, to Canberra. With a very early start on the Monday morning, and a very long bus trip we arrived at our destination. Starting with a trip to the Telstra Tower, the week was filled with fun yet educational experiences, including New and Old Parliament House, Australian Library, Museum, Gallery, Mint, Questacon, and who could forget, the Australian Institute of Sport.

One night was spent relaxing, (minus the trouble trying to find the entrance at the movies) watching the Jungle Book and another at the arcade playing laser tag and dodgem cars. Apart from the freezing cold weather, the group of Year 10s had a fantastic time.

With another early start to get home in time for the debutante ball the week sadly ended. A big thank you to the staff at Capital Country Village for providing us with magnificent meals and accommodation.

Also a bigger thank you to Miss McCuish and Mr Harrow for looking after us on the week and making a great final camp. Last but not least thank you to Cameron Linklater for giving up his time to drive the bus because without you this camp would not have happened.

*Charlotte Vine & Emma Birch*
Today we had our second interview with Alex Rowe. For the second time we sat down and asked some more questions to find out a bit more about him.

We all asked some questions for an update on how he is going. Ashleigh, the organiser for Chat with a Champ, organised it with other schools, too.

We found out what gear he wears, how long he trains, what he needs to do to qualify, his diet, what he is qualifying for and about all the support people give him so he could get this far in running. At the end of the chat he told us a bit of advice. He told us that we have the option of what we want to do so just keep trying and try everything we can.

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Chat with a Champ is a program where you can chat with an Olympian called Alex Rowe who has tied the record in the 800 metre sprint. At the moment, Alex is practicing to be in the Olympics. He is feeling 100% fit and healthy. He trains 2 hours a day. Alex has had 2 stress fractures but he never gave up, he kept on going.

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Chat with a Champ is a website that you can chat to champions and get information about their life. Years 5 & 6 were lucky to speak with Alex Rowe on Wednesday. Ashleigh helped us set up the Chat with a Champ. A big thank you to Alex and Ashleigh.

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Today we had our second chat with Alex Rowe. We spoke about lots of good things and we even got some fantastic advice for people who are participating in the cross country in St Arnaud later this term. Alex also gave us advice on trying as many different sports as we can do and how eventually we will find a sport that we are good at and we enjoy.

Chat to the Champ is also really good because you get to talk to other schools and find out a bit about them and what they do.

We all wish Alex the very best of luck in his time trial coming up in Europe to qualify for the Olympics in Rio this year.

Chat to the Champ is a really fantastic opportunity to enjoy.

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Alex said never to eat steak burgers before a race. Always eat fruit before a race. Sometimes you can train by doing push ups and a 1 km run. And, if you are good enough you can go to the Olympics.

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We have had two Chat with a Champ with Alex Rowe over the last two terms. A Chat with a Champ is like skype with other schools, a champ and Ashleigh. Ashleigh organises the Chat with a Champ. Alex is an equal record holder of the 800 metre sprint.

We asked lots of questions and we found out that when you run it’s best to relax and take big breaths at the start of a running race then run faster by the end.

He said when he was a kid he was very slow but he didn’t give up and look what he has achieved. He likes to play guitar and he finds researching medicine interesting.

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We chatted with Alex Rowe, one of the people who might go to the Olympics. Alex plays guitar. He gave us tips for cross country, he said don’t sprint at the start only at the end. Alex has goals that he completes everyday. Alex does the 800 metres and he trains everyday for two hours.
**PRIMARY SPORT**

**DATES TO REMEMBER:**
- Tuesday, 31st May – Regional Cross Country – St. Arnaud
- Tuesday, 14th June – Lightning Premierships – Mildura (Grade 6 students)

**LIGHTNING PREMS:**
The Lightning Prem’s will take place at Red Cliffs on Tuesday, June 14th.
Teams are currently being finalised and will be in the newsletter next week.
A letter outlining procedures will be sent home with participating students next week.

**AFL FOOTBALL VISITORS:**
Eight footballers from the Carlton Football club will be holding a clinic at Blackburn Park on Monday, June 5th for students in Years 3 - 6. The footballers will then be at school to talk to senior students.

**CROSS COUNTRY:**
Good luck to all students competing at St Arnaud on Tuesday. All students have been provided with a letter outlining arrangements for the day. The bus will leave school at 10am. Students are reminded to bring warm clothes and a change of footwear. The school will provide running shirts for those students who do not own one.
Students who borrowed shirts last week are asked to return them so they are available to other runners.

**PARENTS ASSOCIATION:**
**Education Week** - The theme was “Technology. Create your future.” Thanks to the Technology staff for the collection of photos in last week’s newsletter highlighting some of the technology planning, design, and production the students have been involved in. The newly created, brightly painted sections for the Primary farm play area look great. Again, check in with your child about how they’re using technology in their learning, and what tech skills they are building on.

**Girls in a Whirl** - Parents Association is pleased to be able to support this valuable program for pre-adolescent girls and the Mums/carers. We hope the benefits will be far reaching for all participants. Thanks to Tania Down for the care and effort invested in presenting the program.

**Catering** –
Thanks to Brooke Smith and the Year 7/8 families for another wonderful effort to cater for the garden visit at Lorraine Shaddock’s garden today.

**Membership** – Thanks to those who have sent in membership details and subs. Memberships still accepted.

**Missing a dish?** There are still two good dishes/plates left from the Cluster catering. Please contact the school or Raelene if you think one might be yours. **One is a white square platter, the other a blue and pink decorated round quiche dish.**

Raelene Vine – President, Helen Lam – Secretary

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**Friday 3rd June 5-7pm**
All Saints Church, Hunt St, Ouyen.
Craft activities
Art
Funny talking animals
Bible story
A Meal and drinks
Gold coin donation.
Children to be accompanied by an adult.

RSVP Andrew Gall 0427 177 769
DATIWAY DREAMING - MUSIC AVIVA:
We have a special cultural performance from a group from Elcho Island in North East Arnhem Land on Thursday 2nd June at 2pm. This involves students from Prep through to Year 8. Students will be doing some work in either Literacy, Humanities or Music beforehand and possibly some follow up afterwards so it is strongly recommended that each student makes the most of this special learning opportunity. The cost is $5.00 per student and is payable through collection at home-group or directly to the office. A named envelope has been sent home with your child. CSEF funding has been allocated for those students who qualify.

KEYBOARDS:
We are calling on anyone in the community who has an unwanted and unused (but still working) electronic keyboard cluttering up the wardrobe, garage or the space under the bed. Ouyen P-12 College music students would love to make use of it in class. Please contact Mrs Woodall or the Office if you can help.

AG PATCH NEWS:
The Ag Patch has been a hive of activity lately so we invited everyone in the school to have a look and experience first hand what we have been up to. Here are a couple of photos of the Prep students meeting the resident chickens and yabbies and their Year 11 owners.

FOOD TECHNOLOGY:
Our new exchange student, Laura, assisted Megan, Candice and Alana making hedgehog this week. Beef stroganoff, noodles and vegetables were also produced. Year 8 served san choy bow, chicken & Vietnamese salad and apple & milk pudding. Students in both pracs developed an understanding of family meal preparation with an international flavour.

Glenda Pearson
**Work Experience / Structured Work Placement Dates**

Year 10 – Aug 15th / 19th – Alternatively July/Sept School Holidays

- **Friday 27th May** Construction Induction Card – Year 10
- **Friday 27th May** ADF, 10am, some Year 11 /12
- **Thursday 9th June** Nursing as a Career, Mildura, some Year 11/12
- **Monday 20th June** Flinders University, 1.15pm
- **Tuesday 21st June** Western Victoria Careers Expo, Longerenong
- **Wednesday 6th July** Experience LaTrobe, Bendigo
- **Friday 8th July** Experience LaTrobe, Mildura
- **Sunday 7th - Tuesday 9th August, VCE Careers Trip Melbourne, Year 11**

**REMINDER - CAREERS TRIP - YEAR 11 STUDENTS AND PARENTS**

VCE Careers Trip Melbourne / Ballarat, Sunday 7th – Tuesday 9th August 2016

Deposit of $100 per person required by **Friday 27th May 2016**

Western Victorian Careers Expo, Longerenong, **Tuesday 21st June**

Payment of $50 per person required by **Friday 27th May 2016**

Both career events are open for parents/guardians to attend.

**ADF GAP YEAR** program is an excellent way for students to experience military life and to gain a greater understanding of what’s involved.


**LEAP NEWS**

**LAW, DESIGN & HEALTH: MID-YEAR HOLIDAY WORKSHOPS**

https://www.leap.vic.edu.au/

**Free Workshops**

**LSAF Workshop (Y10-12)** 1- July, 2016

**Victoria University Law School, Melbourne (CBD)**

Close 24 June.


**Deakin University**

Warrnambool Campus Sunday 7th August

Mildura Wednesday 17th August

Murray River Campus Monday 15th August

**Federation University**

**La Trobe University**

http://www.latrobe.edu.au/openday

Melbourne Sunday 7th August

Bendigo Sunday 14th August

Shepparton Friday 5th August

Albury-Wodonga Monday 15th August

Mildura Wednesday 17th August

Deakin University

Warrnambool Campus Sunday 7th August

Geelong Waterfront and Waurn Ponds Campuses Sunday 21st August

**Federation University**

http://www.federation.edu.au/openday

Sunday 28th August 2016

Ballarat and Gippsland Campuses

**The University of Melbourne (College Accommodation Open Day Also)**

Sunday 21st August, 10am - 4pm

**Victoria University**


Sunday 28th August 10am – 3pm

**Swinburne University**

http://www.swinburne.edu.au/openday/rural-grant/

Sunday 31st July Hawthorn Campus

**RMIT University Open Day**


Sunday August 14

**University of South Australia**

Sunday 14th August

**The University of Adelaide**

Sunday 14th August

http://www.adelaide.edu.au/openday/

**Flinders University**

Friday 12 & Saturday 13, August

http://study.flinders.edu.au/open-day/

**Monash University**

http://www.monash.edu/open-day/

http://www.swinburne.edu.au/openday/rural-grant/

**RMIT – FUTURE STUDENTS**

**RMIT University Open Day**


Saturday 6th August (10am - 3pm) – Peninsula campus

Sunday 7th August (10am – 4pm) – Caulfield and Clayton campuses

Sunday 21st August (10am – 3pm) – Parkville campus

**DEAKIN UNIVERSITY COURSE AND CAREER EXPLORATION APP**

Is now available for use. It will soon be available from your app store, but currently can be accessed via: http://explore.deakin.edu.au/ The app is designed to help prospective students source the information they really need when deciding on courses and careers.

Deakin Burwood is hosting "**GO GIRL. GO FOR IT**", an event held to promote IT related careers for young females. The free event will be on the 16th of August and will include numerous workshops and presentations.

For more information: http://gogirl.org.au

**SUNITEAFE – CREATIVE INDUSTRIES 2016 OPEN DAY**

**Visual Art, Screen and Media, Graphic Design and Photo Imaging**

**When:** Wednesday 25th June, 11am-6pm

**Where:** The Hub – SuniTAFE Mildura Campus

SuniTAFE are opening their doors so you can get an insight into the extensive creative courses offered in Mildura. You will be able to speak to the facilitators, see the spaces and current student work. Check out the student accommodation; and discuss your pathways and enrolment options.

**REMEMBERS:**

- **1ST INDIGENOUS STUDENT EXPERIENCE MONASH DAY – 24th June:** Book: Ph 9905 8699, kristel.kehler@monash.edu. See www.monash.edu.au/study/life/indigenous.
- **EXPERIENCE RMIT – holiday programs** www.rmit.edu.au/experienceAYS
- **EXPERIENCE ACU – Register at:** www.acu.edu.au/university-experience
- **EXPERIENCE LA TROBE – See:** www.latrobe.edu.au/study

**AVIATION FOR WOMEN CONFERENCE**

When: 10am-3.30pm, Saturday 4th June;

Where: Cheltenham;

Bookings (essential): 9580 8822 or markd@mfs.com.au

**DESIGN EVENTS – SWINBURNE – Discover Design student holiday program.**

**When:** Tuesday 5th – Friday 8th July (registration 9am for a 9.30am start);

**Where:** Level 3, Advanced Manufacturing Design Centre, Hawthorn campus;

**Cost:** $160;

**Register:** http://www.swinburne.edu.au/events/departments/health-arts-design/2016/07/discover-design-at-swinburne.php

It is a creative school holiday program for students who would like to learn more about design careers, courses and pathways.

**RMIT – FOLIO PREPARATION COURSES –** are designed to help you create a winning folio to apply for university. Upcoming courses include: illustration, fashion, 3D product design, graphic design, interior decoration and visual merchandising. Call 9925 8111 http://shortcourses.rmit.edu.au/content_page.php?page=high_school_students&cbs=34f39c2ff7fc7aac807cee5a58ed7111

**LA TROBE UNIVERSITY NEWS –**

The Bachelor of Criminology is being offered in 2017, this particular degree will feature forensics as a core component. It will also include Integrated Workplace Learning (IWL) as a part of the program, giving students the opportunity to use their knowledge, and also include parking on 31st August. See: www.latrobe.edu.au/aspire.

**WHERE A SCIENCE DEGREE MIGHT TAKE YOU?**

Are you fascinated by nature? You can discover more about living things with **biology** and **environmental science** or even **biotechnology** where you can learn about everything from farming to pharmacy products.

Do you want to be at the forefront of technology? A career in chemistry allows you to test and produce anything from penicillin to polyethylene or if you’d like food for thought consider the potential of food science.
Are you curious about the universe? **Physics** looks at the smallest sub-atomic particles and the forces of the universe but if you want to explore a new frontier of science, discover **nanotechnology**.

Are you intrigued by the potential of numbers? **Mathematics** finds patterns and connections and can help to model systems and develop theories and formulas while **statistics** can allow you to predict trends by using data to make conclusions. If you fancy yourself as **a forecaster**, **analytics** can help you see preferences and anticipate actions.

If maps and modelling interest you, this could lead you to a career in **surveying**. Alternatively, find out how location has an impact on the way we interact with world around us with **geospatial science**.

**Parasitologist**
Study and find controls for parasitic micro-organisms, plants, worms or insects in humans, animals or vegetation.

Indicative average salary $95 000.

Courses that could lead to this career*:
- Bachelor of Biological Science
- Bachelor of Biomedical Science – infection and immunity major
- Bachelor of Biomedical Science – medical biotechnology major
- Bachelor of Science
- Bachelor of Health Sciences – medical biotechnology major

* You may need to undertake further study to land this job.

Find out more about this career and hundreds more at www.explore.deakin.edu.au.

**School of Rural Health Mildura (Monash University)**
On Tuesday 24th May, medical students from the school for rural health in Mildura held a ‘Mini MAD’ workshop for our Year 9 and 10 students who indicated they may have had an interest in health careers. Hands on activities included Basic Life Support, Sim Baby, Wound care & stapling and the VMAT van. This was followed by a presentation over a shared lunch for our senior students on study tips and advice, scholarships, living away from home, & pathway options.

Comments from the day included –
- ‘The VMAT vehicle was a huge hit – ‘we saw a lot of things, try a lot, it was all very fun and interesting’
- ‘I think I now want to become a paramedic’
- ‘Loved the different groups we were given lots of information’
- ‘the Uni students were very friendly’
- ‘Learning how to put in and take out staples was pretty cool’
- Loved the DRSABC – because I already knew how to do it’
- ‘The baby thing was difficult’
- ‘The Staple gun was a great experience’
- ‘The presentation was very informative and I was glad I went and listened’

**WANTED:**
Newspapers for the Art Room.
SEPEP ROUND 4 REPORT

Game 1
The game that I watched was between The Inbetweeners and The Tropics. This was a very competitive match with all players playing outstandingly. The Tropics were further ahead at half time and consistently scored goals. These two teams both worked well together and shared the ball around. This is reflected in the end scores of the match played. The score at the end was - The Tropics 22, The Inbetweeners 17 with The Tropics smashing out the title. The better players were Brad who was consistently scoring goals, Chyna who was defending and using her voice and Nick Coe who deflected lots of passes. Others who tried and showed improvement were Billi, who stopped an exceptional amount of goals, Nick Coe who improved amazingly and Greta who tried hard to get goals.

Jessica Down

Game 2
The second game was between the Spiritul Clan and Black Thunder. The score at the end of the first half was 14 to 7 with the Spiritual Clan leading strongly. The better players for the first half were Reece, Dylan and Gemma because they just kept going, no matter what was happening in the game. The second half saw The Spiritual Clan maintain their lead with the final score 25 to 13. The better players in the second half were Oscar, Chris and Jema because they defended very well and passed it around a lot. Students who tried hard and showed improvement included Jess, Sophie and Ryan because they kept running and trying to shoot goals.

Jessica Down

Forthcoming Dates
SSV LMR Cross Country
Tuesday, 31st May St Arnaud
SSV State Finals Cross Country
Thursday 14th July Bundoora

TRAVEL TO ST. ARNAUD

BUS
Molly Grigg  Billi Lanigan
Nat Nihill    Sherri Elliott
Lauren Grace  Alex Hill
Tyler Dummett Liam Munro
Corey Cupper Ben Morris
Bradley Marks Jake Cresp
Bailey Pengelly Tom Morris
Macey Evans   Ryan Mudge
Harrison Jolly Jake Cresp
Matt Dale-Hill Ryan McKay
Gemma French  Cale French
Ebonnie Summerhayes
Madeleine Hahnel
Charlee Pengelly

CAR
Reece Anderson  Greta Hayter
Abby Latta      Heath Smith
Kailin Latta    Peter Darley
Casey Mitchell  Alex Maynard
Laura Hayter    Sarah O’Connor
Megan O’Connor  Sarah O’Connor
Allie Winslow  Jaimie Darley
Cale French   Jessica Down
Ryan McKay    Tyson Manley
Nic Vine       Charlee Pengelly

ITINERARY
Forty one Ouyen P-12 College Secondary students will be travelling to Lord Nelson Park, St Arnaud on Tuesday, 31st May to compete in the LMR Cross Country Championships.

Leaving
Ouyen at 6:45a.m. Tuesday May 31st 2016, from the Ouyen P-12 College Bus area, in front of the Community Centre, Matheson St. The bus will be travelling through Tempy 7:05am and Speed 7:10am. The bus cost is $20.

Please note the event times. Students travelling by car should arrive an hour before their event.

EVENT TIMES-
#1 10:00am Boys 17-20 5000m
#2 10:25am Boys 16 5000m
#3 10:50am Girls 17-20 3000m
#4 11:10am Girls 16 3000m
#5 11:30am Boys 15 3000m
#6 11:50am Girls 15 3000m
#7 12:10am Boys 14 3000m
#8 12:30am Girls 14 3000m
#9 12:50pm Boys 13 3000m
#10 1:10pm Girls 13 3000m
#11 1:30pm Girls 12 3000m
#12 1:50pm Boys 12 3000m
#13 2:10pm Girls 11 3000m
#14 2:30pm Boys 11 3000m
#15 2:50pm Girls 9-10 2000m
#16 3:10pm Boys 9-10 2000m

Leave Lord Nelson Park ~ 2.15pm to obtain food in St Arnaud

Returning
Leave St. Arnaud to travel home ~ 3p.m. Estimated time of bus return to Ouyen ~5:30p.m.

Lunchtime trainings have been well attended and it is great to see these competitors giving themselves the best chance of success through their preparation.

Students have been given an itinerary and a permission form which should have been returned to the office with $20 if travelling by bus.

At present the secondary students will be travelling by Vallance’s bus and our school bus.